



Concise coverage summary 2017

ONVZ Zorgverzekeraar. Freedom of choice ensured.



Concise coverage summary for the ONVZ Vrije Keuze Zorgplan 2017

Terms & conditions	Basic health-care plan	Startfit	Extrafit	Benfit	Optifit	Topfit	Superfit
Frequently required care							
Alternative/non-conventional medicine	No coverage	No coverage	If treated by a doctor, max. €27 per treatment, max. 1 treatment per day, max. 20 treatments. Alternative/non-conventional (homeopathic and anthroposophic) medicine and (laboratory-based) investigations: no coverage.	If treated by a doctor or acupuncturist, max. €27 per treatment, max. 1 treatment per day, max. 20 treatments. Acupuncturists must be a member of a professional organisation that is recognised by ONVZ and must have basic medical and psychosocial knowledge in accordance with the PLATO (Platform Opleiding, Onderwijs en Organisatie [Training, Education and Organisation Platform]) requirements. Alternative/non-conventional (homeopathic and anthroposophic) medicine and (laboratory-based) investigations: no coverage.	If treated by a doctor, max. €85 per treatment, max. 1 treatment per day, max. €750. If treated by a practitioner who is a member of a professional organisation that is recognised by ONVZ and who has basic medical and psychosocial knowledge in accordance with the PLATO (Platform Opleiding, Onderwijs en Organisatie [Training, Education and Organisation Platform]) requirements, max. €65 per treatment, max. 1 treatment per day, max. €250. Registered homeopathic and anthroposophic medicine supplied by pharmacist and (laboratory-based) investigations, in total: €250, on attending doctor's/practitioner's prescription.	If treated by a doctor, max. €85 per treatment, max. 1 treatment per day, max. €1,000. If treated by a practitioner who is a member of a professional organisation that is recognised by ONVZ and who has basic medical and psychosocial knowledge in accordance with the PLATO (Platform Opleiding, Onderwijs en Organisatie [Training, Education and Organisation Platform]) requirements, max. €65 per treatment, max. 1 treatment per day, max. €500. Registered homeopathic and anthroposophic medicine supplied by pharmacist and (laboratory-based) investigations, in total: €500, on attending doctor's/practitioner's prescription.	If treated by a doctor, max. €85 per treatment, max. 1 treatment per day, max. €1,250. If treated by a practitioner who is a member of a professional organisation that is recognised by ONVZ and who has basic medical and psychosocial knowledge in accordance with the PLATO (Platform Opleiding, Onderwijs en Organisatie [Training, Education and Organisation Platform]) requirements, max. €65 per treatment, max. 1 treatment per day, max. €500. Registered homeopathic and anthroposophic medicine supplied by pharmacist and (laboratory-based) investigations, in total: €750, on attending doctor's/practitioner's prescription.
Antenatal/post-natal care: maternity care	Min. 24 hours, max. 80 hours, max. 10 days, (excluding personal contribution).	No coverage	Maternity package	Maternity package and max. €250 in total for: - personal contribution for a birth in an outpatient clinic without medical necessity; - personal contribution for maternity care; - incubator care; - additional or deferred maternity care.	Maternity package and max. €400 in total for: - personal contribution for a birth in an outpatient clinic without medical necessity; - personal contribution for maternity care; - incubator care; - additional or deferred maternity care.	Maternity package and max. €550 in total for: - personal contribution for a birth in an outpatient clinic without medical necessity; - personal contribution for maternity care; - incubator care; - additional or deferred maternity care.	Maternity package and max. €550 in total for: - personal contribution for a birth in an outpatient clinic without medical necessity; - personal contribution for maternity care; - incubator care; - additional or deferred maternity care.
Antenatal/post-natal care: midwifery	100% (excluding personal contributions).	No coverage	No coverage	No coverage	No coverage	No coverage	No coverage
Contraceptives	100%, up to the age of 21 and on certain medical grounds.	No coverage	No coverage	100%, from the age of 21.	100%, from the age of 21.	100%, from the age of 21.	100%, from the age of 21.
Dental care: orthodontics	100%, on approval, for a very serious developmental or growth disorder in relation to the framework of the mouth.	No coverage	No coverage	Up to the age of 18, max. €1,365 for the duration of the health-care plan.	Up to the age of 18, 100%.	Up to the age of 18 100%, from the age of 18 max. €500.	100%
General medical care	100%	No coverage	No coverage	No coverage	No coverage	No coverage	No coverage
Lenses for glasses, (contact) lenses and laser eye treatment	100%, excluding personal contribution, in a very limited number of instances, as set out in the <i>Reglement hulpmiddelen</i> [Medical appliance regulations].	No coverage	No coverage	No coverage	Max. €150 in total for: - prescription/corrective lenses for glasses, including the frame; - prescription/corrective contact lenses; - intraocular lenses to correct defective vision; - laser eye treatment.	Max. €300 in total for: - prescription/corrective lenses for glasses, including the frame; - prescription/corrective contact lenses; - intraocular lenses to correct defective vision; - laser eye treatment.	Max. €450 in total for: - prescription/corrective lenses for glasses, including the frame; - prescription/corrective contact lenses; - intraocular lenses to correct defective vision; - laser eye treatment.

Terms & conditions	Basic health-care plan	Startfit	Extrafit	Benefit	Optifit	Topfit	Superfit
Frequently required care (continued)							
Medicines	100% coverage (excluding personal contributions), for medicines listed in the <i>Regeling zorgverzekering</i> [Health-Care Regulations]. In some cases, prior permission may be required or certain medical assessment provisions may need to be met.	No coverage	Max. €100 for: - registered medicines, including dispensation of prescription-only medicines and consultation on new medication; - dressings; - personal contributions.	Max. €200 for: - registered medicines, including dispensation of prescription-only medicines and consultation on new medication; - dressings; - personal contributions. For coverage for vaccinations and preventive remedies for travel abroad, please see Vaccinations.	Max. €4,540 for: - registered medicines, including dispensation of prescription-only medicines and consultation on new medication; - registered over-the-counter medication; - dressings; - prescription-only melatonin (0.3mg or more); - personal contributions. For coverage of: - homeopathic and anthroposophic medicines, see Alternative/non-conventional medicine; - vaccinations and preventive remedies for travel abroad, see Vaccinations.	Max. €4,540 for: - registered medicines, including dispensation of prescription-only medicines and consultation on new medication; - registered over-the-counter medication; - dressings; - prescription-only melatonin (0.3mg or more); - personal contributions. For coverage of: - homeopathic and anthroposophic medicines, see Alternative/non-conventional medicine; - vaccinations and preventive remedies for travel abroad, see Vaccinations.	100% for: - registered medicines, including dispensation of prescription-only medicines and consultation on new medication; - registered over-the-counter medication; - dressings; - prescription-only melatonin (0.3mg or more); - personal contributions. For coverage of: - homeopathic and anthroposophic medicines, see Alternative/non-conventional medicine; - vaccinations and preventive remedies for travel abroad, see Vaccinations.
Mental health care: general basic mental health care (GGZ)	100% from the age of 18 if prescribed by a general practitioner or corporate doctor. No coverage for treatment of psychological conditions without diagnosis of a psychological disorder as set out in the DSM-5, or for treatment of adjustment disorders or care in connection with work-related and relationship problems.	No coverage	No coverage	No coverage	Max. €500 for treatment of adjustment disorders, or care in connection with work-related and relationship problems. No coverage for accommodation costs.	Max. €1,000 for treatment of adjustment disorders, or care in connection with work-related and relationship problems. No coverage for accommodation costs.	Max. €1,500 for treatment of adjustment disorders, or care in connection with work-related and relationship problems. No coverage for accommodation costs.
Mental health care: specialist mental health care (GGZ) (treatment and admission)	100% from the age of 18 if prescribed by the general practitioner or medical specialist. No coverage for treatment of adjustment disorders and simple or low-complexity psychological disorders or for care in connection with work-related and relationship problems. Prior permission may be required for admission in certain cases.	No coverage	No coverage	No coverage	No coverage	No coverage	No coverage
Physiotherapy	Up to the age of 18: <i>Lijst van aandoeningen fysio- en oefentherapie</i> [List of ailments for physiotherapy and remedial therapy]: 100%. Other medical grounds: max. 18 medically necessary sessions. From the age of 18: <i>Lijst van aandoeningen fysio- en oefentherapie</i> [List of ailments for physiotherapy and remedial therapy]: 100% for 21st and subsequent sessions. Pelvic physiotherapy for urinary incontinence: max. 9 sessions.	100%, max. 9 medically necessary sessions.	100%, max. 9 medically necessary sessions.	100%, max. 12 medically necessary sessions.	100%, max. 35 medically necessary sessions, up to 18 of these may be manual therapy sessions.	100%, up to 18 sessions may be medically necessary manual therapy sessions.	100%, up to 18 sessions may be medically necessary manual therapy sessions.

Terms & conditions	Basic health-care plan	Startfit	Extrafit	Benfit	Optifit	Topfit	Superfit
Frequently required care (continued)							
Specialist medical care: hospital admission	100%	No coverage	No coverage	No coverage	No coverage	No coverage	No coverage
Single room and comfort during hospital stay	No coverage	No coverage	No coverage	No coverage	No coverage	No coverage	See <i>Zorgplan</i> coverage.
Care before and after hospital stay	No coverage	No coverage	No coverage	No coverage	No coverage	No coverage	See <i>Zorgplan</i> coverage.
Specialist medical care: treatment	100%, upon referral from a general practitioner, corporate doctor, medical specialist, doctor for the mentally disabled, school doctor or elderly medical care specialist.	No coverage	No coverage	See Sterilisation.	See Plastic surgery and Sterilisation.	See IVF, Plastic surgery, Sterilisation and reversal operation.	See IVF, Plastic surgery, Sterilisation and reversal operation.
Sterilisation and reversal operation	No coverage	No coverage	No coverage	100%, no coverage for reversal operation.	100%, no coverage for reversal operation.	100% for sterilisation and reversal operation.	100% for sterilisation and reversal operation.
Preventive care							
Health check (1x per calendar year)	No coverage	100% through the ONVZ <i>ZorgConsulent</i> .	100% through the ONVZ <i>ZorgConsulent</i> .	100% through the ONVZ <i>ZorgConsulent</i> .	100% through the ONVZ <i>ZorgConsulent</i> .	100% through the ONVZ <i>ZorgConsulent</i> .	100% through the ONVZ <i>ZorgConsulent</i> .
Preventive health-related courses	No coverage	No coverage	Max. €75 for preventive health-related courses recognised by ONVZ.	Max. €150 for preventive health-related courses recognised by ONVZ.	Max. €250 for preventive health-related courses recognised by ONVZ.	Max. €325 for preventive health-related courses recognised by ONVZ.	Max. €500 for preventive health-related courses recognised by ONVZ.
Preventive medical investigations	No coverage	No coverage	No coverage	No coverage	50% up to max. €250, by a general practitioner or medical specialist. No coverage for preventive investigation or examination through employer.	Max. €500, by a general practitioner or medical specialist. No coverage for preventive investigation or examination through employer.	Max. €750, by a general practitioner or medical specialist. No coverage for preventive investigation or examination through employer.
Programme for quitting smoking	100%, up to 1x per calendar year.	No coverage	No coverage	No coverage	100% coverage for: - laser therapy; - Allen Carr training; - "De Opluchting" training.	100% coverage for: - laser therapy; - Allen Carr training; - "De Opluchting" training.	100% coverage for: - laser therapy; - Allen Carr training; - "De Opluchting" training.
Vaccinations and malaria prophylactics for travel abroad	No coverage	Max. €75 in total for: vaccinations against hepatitis A and B, DTP, yellow fever, typhoid, cholera, meningococci, rabies and malaria prophylaxis.	Max. €75 in total for: vaccinations against hepatitis A and B, DTP, yellow fever, typhoid, cholera, meningococci, rabies and malaria prophylaxis.	Max. €75 in total for: vaccinations against hepatitis A and B, DTP, yellow fever, typhoid, cholera, meningococci, rabies and malaria prophylaxis.	Max. €100 in total for: vaccinations against hepatitis A and B, DTP, yellow fever, typhoid, cholera, meningococci, rabies and malaria prophylaxis.	100%	100%
Assistance and support with care							
Arch supports	No coverage	No coverage	Max. €100, if prescribed by an attending doctor and supplied by an orthopaedic technician.	Max. €150, if prescribed by an attending doctor and supplied by an orthopaedic technician.	100%, if prescribed by an attending doctor and supplied by an orthopaedic technician.	100%, if prescribed by an attending doctor and supplied by an orthopaedic technician.	100%, if supplied by an orthopaedic technician.
Carer relief	No coverage	No coverage	No coverage	Max. 8 days, through the ONVZ <i>ZorgConsulent</i> .	Max. 8 days, through the ONVZ <i>ZorgConsulent</i> .	Max. 16 days, through the ONVZ <i>ZorgConsulent</i> .	Max. 24 days, through the ONVZ <i>ZorgConsulent</i> .
Dietetics	100%, max. 3 hours.	No coverage	No coverage	Max. €120 for sessions with a dietitian. No coverage for: - treatment for obesity in insured persons who are 18 years or older, where the patient's BMI is 25-30kg/m ² , except where there is comorbidity or other risk factors, familial or otherwise; - dietary preparations and food.	Max. €200 for sessions with a dietitian. No coverage for: - treatment for obesity in insured persons who are 18 years or older, where the patient's BMI is 25-30kg/m ² , except where there is comorbidity or other risk factors, familial or otherwise; - dietary preparations and food.	100% for sessions with a dietitian. No coverage for: - treatment for obesity in insured persons who are 18 years or older, where the patient's BMI is 25-30kg/m ² , except where there is comorbidity or other risk factors, familial or otherwise; - dietary preparations and food.	100% for sessions with a dietitian. No coverage for: - treatment for obesity in insured persons who are 18 years or older, where the patient's BMI is 25-30kg/m ² , except where there is comorbidity or other risk factors, familial or otherwise; - dietary preparations and food.
Domestic assistance after hospitalisation of 4 days or more	No coverage	No coverage	No coverage	No coverage	Max. 9 hours, through the ONVZ <i>ZorgConsulent</i> , after an admission of min. 4 days.	Max. 18 hours, through the ONVZ <i>ZorgConsulent</i> , after an admission of min. 4 days.	Max. 30 hours, through the ONVZ <i>ZorgConsulent</i> , after an admission of min. 4 days.

Terms & conditions	Basic health-care plan	Startfit	Extrafit	Benefit	Optifit	Topfit	Superfit
Assistance and support with care (continued)							
Exercise programme	No coverage	No coverage	No coverage	Max. €250 in total for the following, if prescribed by an attending doctor: <ul style="list-style-type: none"> - KNGF (Royal Dutch Society for Physical Therapy) exercise programmes; - exercise programmes as part of a combined lifestyle intervention; - rehabilitation programme for residual symptoms of cancer. 	Max. €500 in total for the following, if prescribed by an attending doctor: <ul style="list-style-type: none"> - KNGF (Royal Dutch Society for Physical Therapy) exercise programmes; - exercise programmes as part of a combined lifestyle intervention; - exercise programmes during chemotherapy; - rehabilitation programme for residual symptoms of cancer. 	100% for the following, if prescribed by an attending doctor: <ul style="list-style-type: none"> - KNGF (Royal Dutch Society for Physical Therapy) exercise programmes; - exercise programmes as part of a combined lifestyle intervention; - exercise programmes during chemotherapy; - rehabilitation programme for residual symptoms of cancer. Max. €50 for swimming programmes aimed at keeping senior citizens or those aged 50 or above fit.	100% for the following, if prescribed by an attending doctor: <ul style="list-style-type: none"> - KNGF (Royal Dutch Society for Physical Therapy) exercise programmes; - exercise programmes as part of a combined lifestyle intervention; - exercise programmes during chemotherapy; - rehabilitation programme for residual symptoms of cancer. Max. €50 for swimming programmes aimed at keeping senior citizens or those aged 50 or above fit.
Individual budget under the <i>Zorgverzekeringswet</i> [Health-Care Insurance Act] (Zvw)	100%, on approval from ONVZ	No coverage	No coverage	No coverage	No coverage	No coverage	No coverage
Lymphoedema and scar therapy performed by a skin therapist	Up to the age of 18: <i>Lijst van aandoeningen fysio- en oefentherapie</i> [List of ailments for physiotherapy and remedial therapy]: 100%. Other medical grounds: no coverage. From the age of 18: <i>Lijst van aandoeningen fysio- en oefentherapie</i> [List of ailments for physiotherapy and remedial therapy]: 100% for 21st and subsequent treatments. Other medical grounds: no coverage.	No coverage	100%	100%	100%	100%	100%
Medical appliances: statutory personal contributions and maximum coverage for a wig	No coverage	No coverage	No coverage	Max. €250 in total per calendar year for: <ul style="list-style-type: none"> - the statutory personal contributions; - the costs of a wig not otherwise covered, up to max. €100. 	Max. €500 in total per calendar year for: <ul style="list-style-type: none"> - the statutory personal contributions; - the costs of a wig not otherwise covered, up to max. €150. 	Max. €1,000 in total per calendar year for: <ul style="list-style-type: none"> - the statutory personal contributions; - the costs of a wig not otherwise covered, up to max. €250. 	100%, for: <ul style="list-style-type: none"> - the statutory personal contributions; - the costs of a wig not otherwise covered.
Medical appliances: walking aids	100%, simple walking aids are not covered.	No coverage	Max. €50 for the purchase or hire of elbow crutches prescribed by the attending doctor.	Max. €50 for the purchase or hire of elbow crutches prescribed by the attending doctor.	If prescribed by the attending doctor, max. €100 in total for the purchase or hire of: <ul style="list-style-type: none"> - elbow crutches; - walking aids with three or four legs; - walking frames; - rollators; - serving trolleys. 	If prescribed by the attending doctor, max. €100 in total for the purchase or hire of: <ul style="list-style-type: none"> - elbow crutches; - walking aids with three or four legs; - walking frames; - rollators; - serving trolleys. 	If prescribed by the attending doctor, max. €200 in total for the purchase or hire of: <ul style="list-style-type: none"> - elbow crutches; - walking aids with three or four legs; - walking frames; - rollators; - serving trolleys.
Non-residential nursing and other care	100%, upon referral from a district nurse	No coverage	No coverage	No coverage	No coverage	No coverage	No coverage
Pedicurist	Foot care for diabetes mellitus sufferers to prevent or treat foot ulcers in the case of health-care profile 2 or higher.	No coverage	No coverage	Max. €100 in cases of diabetes mellitus (health-care profile 1) or rheumatoid arthritis.	Max. €200 in cases of diabetes mellitus (health-care profile 1) or rheumatoid arthritis.	100% in cases of diabetes mellitus (health-care profile 1) or rheumatoid arthritis.	100% in cases of diabetes mellitus (health-care profile 1) or rheumatoid arthritis.

Terms & conditions	Basic health-care plan	Startfit	Extrafit	Benfit	Optifit	Topfit	Superfit
Assistance and support with care (continued)							
Physical therapy: therapy for posture and movement (physiotherapy is listed separately)	No coverage	No coverage	Max. €100 for sport-medical investigation and advice, sport-medical support, preventive medical investigations and sport examination by a sports doctor.	Max. €500 in total for: - chiropractic therapy; - osteopathy; - "Eggshell method" (E.S. ®) manual therapy; - sport-medical investigation and advice, sport-medical support, preventive medical investigations and sport examination.	Max. €750 in total for: - chiropractic therapy; - osteopathy; - "Eggshell method" (E.S. ®) manual therapy; - sport-medical investigation and advice, sport-medical support, preventive medical investigations and sport examination.	Max. €1,000 in total for: - chiropractic therapy; - osteopathy; - "Eggshell method" (E.S. ®) manual therapy; - sport-medical investigation and advice, sport-medical support, preventive medical investigations and sport examination.	Max. €1,500 in total for: - chiropractic therapy; - osteopathy; - "Eggshell method" (E.S. ®) manual therapy; - sport-medical investigation and advice, sport-medical support, preventive medical investigations and sport examination.
Plastic surgery	100%, on approval, if the treatment is to correct a limited number of disfigurements/conditions.	No coverage	No coverage	No coverage	100%, on approval, for: - correction of the position of the ears, for insured persons up to the age of 18 years; - demonstrable physical dysfunction: for eyelid corrections, abdominoplasty and the replacement of breast prostheses.	100%, on approval, for: - correction of the position of the ears, for insured persons up to the age of 18 years; - demonstrable physical dysfunction: plastic or reconstructive surgery.	100%, on approval, for: - correction of the position of the ears, for insured persons up to the age of 18 years; - demonstrable physical dysfunction: plastic or reconstructive surgery.
Podiatry	Foot care for diabetes mellitus sufferers to prevent or treat foot ulcers.	No coverage	Max. €150.	Max. €250.	100%	100%	100%

Wereldfit

Care outside the Netherlands	
Planned admissions in Belgium and Germany	- Specialist medical care: up to 100% coverage beyond that provided by the basic health-care plan, only after contact with the ONVZ <i>ZorgConsulent</i> . - Medical transportation to hospital in Belgium or Germany: €0.27 per km.
Urgent care abroad	- Care provided under the basic health-care plan: additional coverage up to the maximum statutory or prevailing market rate in the country concerned. - Substances classified in the Netherlands as unlicensed medicine (<i>Niet Geneesmiddel</i>): max. €250. - Medicines registered in the Netherlands or abroad that are not covered by the basic health-care plan. - Extra costs of transportation to the hospital for co-insured travel companions: €0.27 per km. - Extra accommodation costs for co-insured travel companions, upon hospital admission of the insured person: max. €150 per day. In the event of hospital admission of more than five days or a life-threatening situation, once only: - Extra costs of transportation for up to 2 people to visit the insured person: car/taxi €0.27 per km, economy class flight. - Extra accommodation costs for up to 2 people to visit the insured person: max. 7 or 15 days depending on the situation, max. €150 per day.
Repatriation*	- Repatriation in cases of serious illness or accident. - Extra accommodation costs for the insured person in the event that repatriation is medically necessary but not yet possible: max. €150 per day. - One-off costs of transportation for 1 person in the event that repatriation is medically necessary but not yet possible: car/taxi €0.27 per km, economy class flight. - One-off accommodation costs for the insured person in the event that repatriation is medically necessary but not yet possible: max. €150 per day. - Transportation in the event that returning by the intended means of transportation is not possible.
Search and rescue*	Max. €25,000.
Early return*	- Accommodation outside of country of residence in certain situations (illness/accident of travel companion, family circumstances, material damage). - Extra costs of transportation: car/taxi €0.27 per km, economy class flight. - Extra costs of unplanned accommodation: max. €150 per day. - Return travel costs to planned destination within original travel duration: car/taxi €0.27 per km, economy class flight, accommodation max. €150 per day. In these situations, travel within country of residence: max. €500 per event.
Arrangements in the event of death*	- 100% for repatriation of physical remains or max. €7,500 for funeral and travel of family members. - Extra costs of transportation for co-insured travel companions: car/taxi €0.27 per km, economy class flight. - Up to 30 days' extra accommodation during the co-insured travel companions' return journey: max. €150 per day. - Transportation of 1 person to support a travel companion/family member of the deceased: car/taxi €0.27 per km, economy class flight. - Accommodation for 1 person to support a travel companion/family member of the deceased: max. €150 per day.
Costs of a replacement driver*	- 100% for a replacement driver if the driver and travel companions cannot drive themselves: - Own motor vehicle: return to place of residence. - Rented motor vehicle: transportation to the nearest return point.

Tandfit

	Module A	Module B	Module C	Module D
Accident coverage for dental care	Max. €2,500.	Max. €5,000.	Max. €5,000.	Max. €5,000.
Dental care for insured persons from the age of 18	75% up to max. €250, including technical costs.	100% for check-ups and prevention and 75% for other dental care, including technical costs, in total up to max. €750.	100% for check-ups and prevention and 75% for other dental care, including technical costs, in total up to max. €1,500.	100% up to max. €1,500 including technical costs.

Superfit coverage includes:

- accident coverage for dental care: max. €5,000.
- dental health care from the age of 18: 100%, up to max. €1,600 including technical costs.

*This coverage applies only:

- after prior contact with ONVZ *Zorgassistance* and
- for a maximum stay of 180 days abroad;
- or for a minimum of one paid overnight stay in your country of residence.

Explanatory notes:
This is a summary of the coverage provided by our health-care plans. The coverage listed is per insured person per calendar year, unless otherwise indicated. Additional terms and conditions or a personal contribution sometimes apply. The policy terms and conditions determine the exact coverage provided. Since it is impossible to render the full policy terms and conditions on just a few pages, no rights can be derived from this coverage summary. You will find the full policy terms and conditions at www.onvz.nl/polisvoorwaarden. A copy can also be requested by telephone on +31 (0)30 639 62 22.

More information about recognised preventive health-related courses, professional organisations and recuperation homes is available at www.onvz.nl/polisvoorwaarden. This site also contains the list of personal contributions for the basic health-care plan in 2017.



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